

Teleos
Leadership Institute

Coaching Essentials Program

International

Teleos Coaching Essentials Program

*Teleos coaching programs aren't just about what you learn but about who you **become** along the way.*

In this program, you will:

- Develop greater awareness of self and presence as a coach
- Focus on your own personal life vision and renewal
- Learn a framework for a coaching engagement and coaching session
- Learn how adults change and overcome resistance to change
- Take on coaching clients alongside program work
- Receive rigorous coaching practice with “real time” feedback from faculty as well as group and 1:1 mentoring
- Receive a coaching handbook with templates and exercises to take into your coaching practice

Interested in signing up?
Apply here >>

Program Summary

The Teleos Coaching Essentials Program is a great first step into the coaching profession. This course combines the mechanics of coaching as well as the leadership and personal development required to be a great coach.

At Teleos, we believe great coaches embody and practice core competencies that can be learned quickly but take a lifetime to master: the ability to build strong relationships and create trust with clients, the ability to ignite change by creating a compelling vision for the future and the ability to use observation, inquiry and personal presence to support clients as they grow and change.

Because we believe effective coaches and leaders are self-aware, this course is grounded in Emotional Intelligence, self-awareness and resilience, for the coaches own development and for the change they will bring about in those they coach.

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2027 DATES:

- Program Opening: March 30
- Theory Session 1: April 6
- Theory Session 2: April 13
- Theory Session 3: April 20
- Practicum 1: April 27

- Theory Session 4: May 4
- Theory Session 5: May 11
- Practicum 2: May 18
- Group Mentoring 1: May 25

- Theory Session 6: June 1
- Practicum 3: June 8
- Group Mentoring 2: June 15
- Theory Session 7: June 22
- Practicum 4: June 29

- Group Mentoring 3: July 6
- Theory Session 8: July 13
- Practicum 5: July 20
- Group Mentoring 4: July 27

**All course sessions run on Tuesdays for roughly 2-3 hours beginning at 8 am EST.*

Program Details







The Teleos Coaching Essentials Program – International brings together individuals from across the globe in this cohort open to all levels of coaching experience and disciplines. This 5-month, virtual program contains faculty from the Asia, Europe, the UK and USA who have lived, worked and coached across cultures and sectors.

In this unique program, you will be joined by others from around the world, from different sectors, cultures, who are on their own path to becoming coaches. This stimulating international program will diversify your coaching experience will give you fresh perspective that you can use in your practice and life.

This program is for people who are working for multi-nationals but also the culturally curious who want to build a coaching practice with global perspective.

Fee: $6,500

ICF-ACCREDITED COACHING EDUCATION
LEVEL 1
ICF

60 HOUR PROGRAM

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FAQ's

I would like to get into coaching and think this program could be a great first step. I won't necessarily be coaching in a global context though. Is this program still for me?

Yes! This program is for anyone seeking foundational coach training. We believe the international context will be enriching for everyone, even those not necessarily coaching in a global context.

After I complete this program, will I be certified?

This program provides you with everything you need to apply for ACC level certification with the ICF. ACC-level certification requires at least 60 hours of coach training as well as 100 hours of coaching practice. The coaching you do with clients alongside this program can count towards your 100 hours.

I'm interested in pursuing this program but I also work full time. Do you think it's possible to juggle both?

Yes, this program was designed for working adults. We estimate the theory sessions, practicums, mentoring and homework add up to about 15 hours a month, some of which is scheduled ahead of time and other work that can be done at your own cadence.

Core Faculty



Dr. Frances Johnston, MCC

30+ years of executive coaching, organizational/leadership development and coach training experience.

CEO and Founder of Teleos Leaders and co-authored, *Becoming a Resonant Leader.*

American and lives in Philadelphia, USA.



Dr. Hilary Lines, PCC

30 + years of executive and team coaching, leadership development consulting and coach supervising experience.

Authored "*Touchpoint Leadership: Creating collaborative energy in teams and organisations*" and *"Systemic Team Coaching.*"

British and lives in the UK.



Lindsey Bingaman, PCC

10 + years of Emotional Intelligence and coaching program design and delivery experience.

Has coached leaders in education, healthcare, manufacturing and professional services.

American and lives in Philadelphia, USA.



Isa Buencamino, PCC

30+ years of leadership development experience that covers talent succession and diversity, equity and inclusion.

She is the Founder of Women of the World Coaching. Has coached leaders across cultures, sectors and transition points.

Filipino and lives in England and Bahrain.

Practicum Faculty



Marco Bertola, MCC
Lead Practicum Faculty

15+ years of experience in the field of leadership development, change management, coaching and coach training.

Has worked internationally both as an external consultant and coach as well as within large corporations.

Italian and lives in Milan, Italy.



Nicky Bright, ACC

30 years experience in educational leadership.

Coaches leaders to develop practical leadership skills for high performance and resilience, to be their best selves and most importantly, live lives full of joy and adventure.

Lives in the UK.



Brian S. Lee, ACC

Executive coach specializing in cross-cultural communication.

Korean-American who has lived in nine countries, delivered programs in both English and Mandarin for global organizations. Currently facilitates graduate-level courses for RIT in New York and NewCampus in Singapore.

Ready to begin your coaching journey?

BOOK NOW

or email askus@teleosleaders.com to schedule a call to discuss the program