



Teleos

Leadership Institute



Coaching
Essentials Program

International

Teleos Coaching Essentials Program

*Teleos coaching programs aren't just about what you learn but about who you **become** along the way.*

In this program, you will:

- Develop greater awareness of self and presence as a coach
- Focus on your own personal life vision and renewal
- Learn a framework for a coaching engagement and coaching session
- Learn how adults change and overcome resistance to change
- Take on coaching clients alongside program work
- Receive rigorous coaching practice with “real time” feedback from faculty as well as group and 1:1 mentoring
- Receive a coaching handbook with templates and exercises to take into your coaching practice

Interested in signing up?
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Program Summary

The Teleos Coaching Essentials Program is a great first step into the coaching profession. This course combines the mechanics of coaching as well as the leadership and personal development required to be a great coach.

At Teleos, we believe great coaches embody and practice core competencies that can be learned quickly but take a lifetime to master: the ability to build strong relationships and create trust with clients, the ability to ignite change by creating a compelling vision for the future and the ability to use observation, inquiry and personal presence to support clients as they grow and change.

Because we believe effective coaches and leaders are self-aware, this course is grounded in Emotional Intelligence, self-awareness and resilience, for the coaches own development and for the change they will bring about in those they coach.

2024 DATES:

- Program Opening: April 16
- Theory Session 1: May 7
- Practicum 1: May 21
- Theory Session 2: June 4
- Practicum 2: June 18
- Theory Session 3: July 9
- Practicum 3: July 23
- Theory Session 4: September 10
- Practicum 4: September 24
- Theory Session 5: October 8
- Practicum 5: October 22

*All course sessions run roughly
8:00am – 11:30am EST/ 1pm –
4:30pm GMT

Interested in signing up?
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Program Details



The Teleos Coaching Essentials Program – International brings together individuals from across the globe in this cohort open to all levels of coaching experience and disciplines. This 5-month, virtual program contains faculty from the Asia, Europe, the UK and USA who have lived, worked and coached across cultures and sectors.



In this unique program, you will be joined by others from around the world, from different sectors, cultures, who are on their own path to becoming coaches. This stimulating international program will diversify your coaching experience will give you fresh perspective that you can use in your practice and life.



This program is for people who are working for multi-nationals but also the culturally curious who want to build a coaching practice with global perspective.

Fee: \$6,000



60 HOUR PROGRAM

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FAQ's

I would like to get into coaching and think this program could be a great first step. I won't necessarily be coaching in a global context though. Is this program still for me?

Yes! This program is for anyone seeking foundational coach training. We believe the international context will be enriching for everyone, even those not necessarily coaching in a global context.

After I complete this program, will I be certified?

This program provides you with everything you need to apply for ACC level certification with the ICF. ACC-level certification requires at least 60 hours of coach training as well as 100 hours of coaching practice. The coaching you do with clients alongside this program can count towards your 100 hours.

I'm interested in pursuing this program but I also work full time. Do you think it's possible to juggle both?

Yes, this program was designed for working adults. We estimate the theory sessions, practicums, mentoring and homework add up to about 15 hours a month, some of which is scheduled ahead of time and other work that can be done at your own cadence.



Faculty



Isa Buencamino, PCC

30 years of corporate leadership development experience across sectors and multinational organizations.

Has coached senior executives in companies based in Europe, Asia, South America and Africa.

Filipino and lives in England and Bahrain



Lindsey Bingaman, PCC

10 + years of Emotional Intelligence and coaching program design and delivery experience.

Has coached leaders in education, healthcare, manufacturing and professional services.

American and lives in Philadelphia, USA



Marco Bertola, MCC

15+ years of experience in the field of leadership development, change management, coaching and coach training.

Has worked internationally both as an external consultant and coach as well as within large corporations.

Italian and lives in Milan, Italy



Faculty



Dr. Hilary Lines, PCC

30 + years of executive and team coaching, leadership development consulting and coach supervising experience.

Authored "Touchpoint Leadership: Creating collaborative energy in teams and organisations" and "Systemic Team Coaching"

British and lives in the United Kingdom



Dr. Frances Johnston, MCC

30+ years of executive coaching, organizational/leadership development and coach training experience.

CEO and Founder of Teleos Leadership Institute and co-authored, Becoming a Resonant Leader.

American and lives in Philadelphia, USA.



Ready to begin your coaching journey?

APPLY HERE

or email askus@teleosleaders.com to schedule a call to discuss the program